GREAT BEGINNINGS

Join us daily Monday thru Friday 3–5 PM and late night 10–12 AM, Saturday 10–12 AM and all day Sunday! ‘Til Midnight for our 15 Apps. See our 15 App menu for a full list. (Sorry — this special is not available for take-out)

GRILLED PIZZA

Our dough is made fresh in house daily

LATE NIGHT PUB MENU AVAILABLE UNTIL 12:00 AM 7 DAYS A WEEK

Add: 6 oz. Grilled Chicken 5.00, 6 oz. Cajun Chicken 5.00, 6 oz. Steak 14.00, 6 oz. Salmon 8.00, Shrimp 3.25 each, 6 oz. Short Rib 6.00, 4 oz. Tuna Steak 6.00

Grilled Artisan Romano Char broiled Baby Romaine Lettuce, EVOO, Shaved Parmesan, Balsamic Drizzle. 11.


Buttermilk Squash Papardelle (GF) — ask your server! Baby Arugula, Yellow Jasmine Rice, Gorgonzola Cheese, Candied Pecans, Focaccia Croutons, Apple Vinegarette. 12.

Taco Gallo Iceberg Lettuce, Crispy Tortilla, Avocado, Sautéed Pico de Gallo, Goya Chantina Dressing. 12.

Green Apple & Pecori (GF) Baby Field Greens, Granny Smith Apples, Candied Pecans, Dried Cranberries, Red Onion, Gorgonzola Cheese, Apple Vinegarette. 11.

Artisan Romano Caesar (GF) — ask your server! Baby Romaine Lettuce, Shaved Parmesan, Focaccia Croutons, Caesar Dressing. 11.

Choice of breads include sesame roll, torpedo roll, or wrap. All sandwiches served with your choice of french fries, house salad, garlic parmesan potato chips or cole slaw.

2 for 1 BURGER NIGHT THURSDAYS 5PM-10PM *Excludes 2am Burger

A full pound of our Award Winning Jumbo Wings or 5 Boneless Chicken Tenders with fresh celery sticks & your choice of one of our famous sauces. 10.

Simply Naked - Deep Fried, Served How You Were Born

Buffalo - Tossed in our Own Homemade Spicy Sauce

Teriyaki - Topped with a Sweet Asian Teriyaki Glaze

Bar & Qo - Tossed in a Southern Style Sauce

“WING-IT” WEDNESDAYS (SERVED 5-10) HALF PRICED WINGS

The Trap’s version of the pub panini with our own freshly baked focaccia bread & grilled to a golden brown. Served with your choice of french fries, house salad, garlic parmesan potato chips or cole slaw.

2 for 1 PIZZA NIGHT TUESDAYS 5PM-10PM

The Trap always offers your favorite basic pizzas. Please ask your server for details.

The Trap requires a $20 minimum on all credit card transactions. All major credit cards accepted.

Burgers Grilled Cheese Traps

The Trap requires a $10 minimum on all credit card transactions. All major credit cards accepted.
Pasta with Sauce
Choice of Marinara, Cheese, Butter - 7.
add Meatballs for 4. each

Mac & Cheese
Made the way kids love it! Creamy & cheesy with nothing green! 7.

Chicken Fingers
French Fries - 7.

Grilled Cheese
French Fries - 7.

Cheese Pizza
Mozzarella, Marinara Sauce - 7.

Choice of Marinara, Cheese, Butter - 7.
add Meatballs for 4. each

Mac & Cheese
Made the way kids love it! Creamy & cheesy with nothing green! 7.

Chicken Fingers
French Fries - 7.

Grilled Cheese
French Fries - 7.

Cheese Pizza
Mozzarella, Marinara Sauce - 7.

(See bartender for password). Another great reason to stay with us for lunch meetings, watching the game with friends or pass the time away.

Phone Charging Stations are located in the waiting area, on the face of the bar and throughout the rest of the bar area (on the face of the banquette seating). So relax, stay connected and get trapped with us for a while.

ALL LUNCH SELECTIONS AVAILABLE:
Mon - Sat 11:30 AM–4:00 PM
NO LUNCH SIZE PORTIONS AVAILABLE ON SUNDAY

ALL DINNER SELECTIONS AVAILABLE:
Mon - Thurs. 4:00 PM–10:00 PM, Fri & Sat till 11:00 PM
Sunday All Day ‘til 9:00 PM

Certified Black Angus Prime Rib (Available Friday & Saturday Only)*
14 oz. Mushroom Risotto, Rosemary Scented Au Jus
D - 33.

* Items that are raw or partially cooked can increase your risk of food borne illness. Consumers who are especially vulnerable to food borne illness should only eat seafood and other food from animals thoroughly cooked.

BEEF

Bourbon Marinated Sirloin Steak Tips™
Yellow Jasmine Rice, Asparagus

Delmonico Angus Ribeye™ (GF)
16oz. Certified Black Angus Ribeye, Compound Butter, Garlic Candy, Broccolini, Truffle Fries
D - 33.

New York Strip Steak “Frites”™ (GF)
14 oz. Certified Black Angus Sirloin, Garlic Butter, House Fries
D - 29.

Hand Crafted Pasta

Surf and Turf Bucatini™
Short Rib, Seared Sea Scallops, Roasted Red Peppers, Baby Spinach
D - 29.

Gnocchi Bolognese
Baked, Mozzarella
L - 19.  /  Veal 19.
D - 21.  /  Veal 25.

Paccheri Fradiavlo
Fradiavlo Style, Jumbo Shrimp
D - 27.

Fusilli Pasta
Marinara, Ricotta, Meatballs, Basil
D - 19.

Seafood

Pan Seared, Couscous, Asparagus, Lemon Butter Sauce
D - 25.

Atlantic Caught, Grilled, Quinoa Stir Fry, Sesame Ginger, Scallions (GF)

George’s Bank, Pan Seared, Parmesan Risotto, Caper Berries, Sriracha Aioli (GF)
D - 29.

Sustainably Caught, Ask Your Server.
Market Price.

Cod, French Fries, Coleslaw, Tarter Sauce

Saku Tuna Steak
Asian Vegetable Stir Fry, Sushi Rice, Wasabi Aioli, Sriracha (GF)
D - 25.

Lobster and Savory Vegetable Ragout, White Truffle Scented Yukon Gold Potato Mash, Baby Arugula.
D - 29.

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D - 33.

Vegetarian

Eggplant Parmigiana
Fried, Lightly Floured, Egg Battered, Layered Mozzarella, Marinara Sauce
L - 12.  /  D - 16.

Artichoke Hearts, Light Garlic Herb Sauce (GF)